Gymnasium Schedule

When weather does not permit our Early Education or JAM Connect students to utilize the outside work area, they utilize half of the gym, leaving the other half open for fitness classes and/or open gym. **This schedule is subject to change.**

A Note on the Gymnasium:
The gym is available at additional times when not in use for other JAM programs. Ask the Welcome Center for today's schedule

All Gym

MONDAY-FRIDAY
6:00-8:00 am
- Walk & Walk

11/2, 11/3, 11/4
Walk & Walk cancelled

North Gym

MONDAY
11:00 am-3:15 pm
- Open Gym

4:30 - 6:00 pm
- Open Gym

TUESDAY
11:00 am-1:00 pm
- Open Pickleball

1:00-6:00 pm
- Open Gym

6:00-8:00 pm
- Open Pickleball

WEDNESDAY
11:00 am-1:00 pm
- Open Pickleball

1:00-5:00 pm
- Open Gym

THURSDAY
8:00-9:00 am
- Open Gym

11:00 am-6:00 pm
- Open Gym

6:00-8:00 pm
- Open Pickleball

FRIDAY
8:00-10:00 am
- Open Gym

11:15 am-3:00 pm
- Open Gym

4:30-6:00 pm
- Pickup Basketball

6:00-8:00 pm
- Open Gym

SATURDAY
9:00 am to 1:00 pm
- Open Gym

1:00-3:00 pm
- Open Pickleball

3:00-4:00 pm
- Open Gym

South Gym

MONDAY
2:30-4:00 pm
- Open Gym

5:00-8:00 pm
- Open Gym

TUESDAY
6:00-8:00 pm
- Open Gym

WEDNESDAY
1:00-4:00 pm
- Open Gym

THURSDAY
2:30-4:00 pm
- Open Gym

6:00-8:00 pm
- Open Gym

FRIDAY
2:30-4:00 pm
- Open Gym

6:00-8:00 pm
- Open Gym

SATURDAY
9:30 am-12:30 pm
- Open Volleyball

1:00-4:00 pm
- Open Gym

Classes, Specialty Programming, and Events
The gymnasium will be closed during the following times for scheduled programming.

NORTH SIDE

MONDAY
- Fitness Classes | 8:00-11:00 am
- Fall Co-Ed Volleyball | 6:00-8:00 pm
  Mondays | 10/5-12/21

TUESDAY & WEDNESDAY
- Fitness Classes | 8:00-11:00 am

FRIDAY
- Fitness Classes | 10:00-11:00 am

See the full session guide for more details on regular classes and details for specialty programming

Open Recreation Descriptions



Open Pickleball
The fastest-growing sport in America that combines ping-pong and tennis. Great for all ages! We provide balls and paddles. Free for Members or $5 for Nonmembers.



Walk and Talk
Enjoy our lined track in the climate-controlled gym. Free and available for everyone.



Pickup Basketball
All ages are welcome to join a group and play anything from HORSE to half-court games or simply shoot hoops. Free for Members or $3 for Nonmembers.



Open Gym
Enjoy unstructured gym time for basketball, games, fitness, or free play. Open to members during designated hours unless otherwise scheduled.



Open Volley
Enjoy unstructured time designated for open volleyball use