

JAM CENTER POOL SCHEDULE

July - August

Key

The pool schedule is subject to change based on programming needs, special events, and other occurrences. **POOL CLOSED – The pool is closed Monday – Friday from 1:00-3:30 pm **Hydro Workout; Open Exercise/Lap Swim**– Quiet swim or spa time with no access to the slide or the splash pad (excluding special events). **Lap Swim**– Quiet swim or spa time with lanes available for use and the remaining area available for open exercise; no access to the slide or the splash pad. **Open Swim** – Open swim or hot tub time with access to the slide or the splash pad. **WaterFIT I; WaterFIT II; Rhythm WaterFIT; Swim Lessons;** – The pool and spa are closed for the classes scheduled at this time. No extra guard on duty. ****Thunder & Lightning Policy** – the pool **MUST** be closed for 30 minutes after each occurrence of thunder or lightning.*

Daily Programming & Open Swim Times

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>6:00-8:00 am – Open Exercise/Lap Swim 8:15-9:00 am – WaterFIT II 9:15-10:00 am – WaterFIT I 10:00 am -1:00 pm - Open Swim 1:00-3:30 pm – POOL CLOSED 3:30-7:30 pm – Open Swim</p>	<p>6:00-9:00 am – Open Exercise/Lap Swim 9:00-11:15 am – Closed for Swim School 11:15-1:00 pm – Open Swim 1:00-3:30 pm – POOL CLOSED 3:30-5:30 pm – Open Swim 5:30-6:15 pm – Rhythm WaterFIT 6:15-7:30 pm – Open Swim</p>	<p>6:00-8:00 am – OpenExercise/Lap Swim 8:15-9:00 am – WaterFIT II 9:15-10:00 am – WaterFIT I 10:00 am-1:00 pm – Open Swim 1:00-3:30 pm – POOL CLOSED 3:30-5:00 pm – Hydro Workout/ Open Swim 4:35-5:05 pm – SwimTandem Class 5:10-5:40 pm – SwimFoundations Class 5:45-6:30 pm – SwimMechanics Class 6:35-7:20 pm – SwimPod Class 6:30-7:30 pm – Open Swim</p>	<p>6:00-10:00 am – Lap Swim 10:00 am-1:00 pm – Open Swim 1:00 – 3:30 pm – POOL CLOSED 3:30-5:30 pm – Open Swim 5:30-6:15 pm – Rhythm WaterFIT 6:15-7:30 pm – Open Swim</p>
FRIDAY	SATURDAY	SUNDAY	
<p>6:00-8:00 am – Open Exercise/Lap Swim 8:15-9:00 am – WaterFIT II 9:15-10:00 am – WaterFIT I 10:00 am-1:00 pm - Open Swim 1:00-3:30 pm – POOL CLOSED 3:30-7:30 pm – Open Swim</p>	<p>9:00-10:00 am – Open Exercise/Lap Swim 10:00-10:30 am – SwimTandem Class 10:35-11:05 am – SwimFoundations Class 11:10-11:55 am – SwimMechanics Class 12:00-3:30 pm – Open Swim</p> <p>FREE COMMUNITY OPEN SWIM ON 8/1 12-3:30 PM</p>	<p>Closed</p>	

***The JAM Center pool is closed to the public from 6–8 PM on the second Monday of the month (July 13 and August 10) for lifeguard in-service training.**

7/3 Modified Schedule: 8:00 am -12:30 pm NO land or aquatic fitness classes, open swim from 8:00 am -12:00 pm
7/4: CLOSED