

JAM CENTER POOL SCHEDULE

September

Key			
<i>*The pool schedule is subject to change based on programming needs, special events, and other occurrences. POOL CLOSED – The pool is closed Monday – Friday from 1:00-3:30 pm Hydro Workout; Open Exercise/Lap Swim– Quiet swim or spa time with no access to the slide or the splash pad (excluding special events). Lap Swim– Quiet swim or spa time with lanes available for use and the remaining area available for open exercise; no access to the slide or the splash pad. Open Swim – Open swim or hot tub time with access to the slide or the splash pad. WaterFIT I; WaterFIT II; Rhythm WaterFIT; Swim Lessons; – The pool and spa are closed for the classes scheduled at this time. No extra guard on duty. **Thunder & Lightning Policy – the pool MUST be closed for 30 minutes after each occurrence of thunder or lightning.</i>			
Daily Programming & Open Swim Times			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
6:00-8:00 am – Open Exercise/Lap Swim 8:15-9:00 am – WaterFIT II 9:15-10:00 am – WaterFIT I 10:00 am -1:00 pm - Open Swim 1:00-3:30 pm – Pool Closed 3:30-7:30 pm – Open Swim	6:00 am-11:15 am – Closed - Swim School 11:15-1:00 pm – Open Swim 1:00-3:30 pm – Pool Closed 3:30-5:30 pm – Open Swim 5:30-6:15 pm – Rhythm WaterFIT 6:15-7:30 pm – Open Swim	6:00-8:00 am – Open Exercise/Lap Swim 8:15-9:00 am – WaterFIT II 9:15-10:00 am – WaterFIT I 10:00 am-1:00 pm – Open Swim 1:00-3:30 pm – Pool Closed 3:30-5:00 pm – Hydro Workout 3:30-4:00 pm -- Open Swim 4:35-5:05 pm – Swim Tandem Class 5:10-5:40 pm – SwimFoundations Class 5:45-6:30 pm – SwimMechanics Class 6:35-7:20 pm – SwimPad Class 6:30-7:30 pm – Open Swim	6:00 am-9:00 am POOL CLOSED 9:00 am-11:00 am – Open Exercise 11:00 am – 3:30 pm – POOL CLOSED 3:30-5:30 pm – Open Swim 5:30-6:15 pm – Rhythm WaterFIT 6:15-7:30 pm – Open Swim
FRIDAY	SATURDAY	SUNDAY	
6:00-8:00 am – Open Exercise/Lap Swim 8:15-9:00 am – WaterFIT II 9:15-10:00 am – WaterFIT I 10:00 am-3:30 pm – Pool Closed 3:30-7:30 pm – Open Swim	9:00-10:00 am – Open Exercise/Lap Swim 10:00-10:30 am – SwimTandem Class 10:35-11:05 am – SwimFoundations Class 11:10-11:55 am – SwimMechanics Class 12:00-3:30 pm – Open Swim FREE OPEN SWIM ON 9/5 & 10/3 12-3:30 PM	JAM Closed	

***JAM Center pool is closed to the public from 6–8 PM on the second Monday of the month (September 14 and October 12th) for lifeguard in-service training.**

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October

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