

Schedule by Age Group

Ages 0–3 + Parent

Tuesday 4:30–5:00 PM — SwimTandem

Thursday 4:30–5:00 PM — SwimTandem

Ages 3–5

Wednesday 5:10–5:40 PM — Dance Camp

Thursday 5:10–5:40 PM — Swim Foundations I (Non-swimmers)

Saturday 9:30–10:00 AM — Basketball Camp

Saturday 10:10–10:40 AM — Swim Foundations (Non-swimmers)

Ages 6–12

Tuesday 5:10–5:55 PM — Dance Camp

Wednesday 5:20–5:50 PM — Swim Foundations II (Non-swimmers)

Thursday 5:50–6:20 PM — Swim Foundations II (Non-swimmers)

Tuesday 6:10–6:55 PM — Swim Mechanics (Swimmers)

Saturday 10:05–10:35 AM — Basketball Camp

Saturday 10:45–11:30 AM — Swim Mechanics (Swimmers)

Advanced Swimmers (Ages 8+)

Tuesday 6:30–7:30 PM — Swim Pod

Saturday 9:00–10:00 AM — Swim Pod

Ages 11–16

Thursday 5:10–5:55 PM — Basketball Camp